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## [In the footsteps of the old flavours of Przeworsk county](#) <sup>[1]</sup>

Keywords:

Culture, Demography, Food & Drink, Local food, Market development, Product quality, Women, Youth

Countries:

Poland

A project that aimed to mobilise society, build inter-generational cooperation and promote the region's culinary tradition as means to preserve its cultural heritage.



## Workshops to combat digital exclusion in rural areas [2]

Keywords:

Demography, Education & lifelong learning, LEADER/CLLD, Rural Inspiration Awards: nominees, Social inclusion

Countries:

Poland

A LAG organised a series of tailored workshops to combat digital exclusion among people over 50 years old.



## Biking together [3]

Keywords:

LEADER/CLLD, Social inclusion, Tourism

Countries:

Poland

Organising bicycle rallies as a means of promoting social interaction and integration.

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[https://enrd.ec.europa.eu/projects-practice/\\_en?f%5B0%5D=im\\_field\\_enrd\\_prj\\_keywords%3A20469&f%5B1%5D=im\\_fi\\_eld\\_enrd\\_prj\\_keywords%3A19756&f%5B2%5D=sm\\_enrd\\_eu\\_countries%3APoland&f%5B3%5D=im\\_field\\_enrd\\_prj\\_keywords%3A20510](https://enrd.ec.europa.eu/projects-practice/_en?f%5B0%5D=im_field_enrd_prj_keywords%3A20469&f%5B1%5D=im_fi_eld_enrd_prj_keywords%3A19756&f%5B2%5D=sm_enrd_eu_countries%3APoland&f%5B3%5D=im_field_enrd_prj_keywords%3A20510)

**Links**

[1] [https://enrd.ec.europa.eu/projects-practice/footsteps-old-flavours-przeworsk-county\\_en](https://enrd.ec.europa.eu/projects-practice/footsteps-old-flavours-przeworsk-county_en)

[2] [https://enrd.ec.europa.eu/projects-practice/workshops-combat-digital-exclusion-rural-areas\\_en](https://enrd.ec.europa.eu/projects-practice/workshops-combat-digital-exclusion-rural-areas_en)

[3] [https://enrd.ec.europa.eu/projects-practice/biking-together\\_en](https://enrd.ec.europa.eu/projects-practice/biking-together_en)